

معاً نعود
TOGETHER WE RETURN

هيئة الشارقة للتعليم الخاص
SHARJAH PRIVATE EDUCATION AUTHORITY



التثقيف الصحي
Health Promotion

إدارة التثقيف الصحي - Health Promotion Dept.
المجلس الأعلى لشؤون الأسرة بالشارقة - SCFA - Shj



Signs of illness

when to go to the school nurse
or to stay at home

The Health Promotion Department of the Supreme Council for Family Affairs has launched a series of awareness and educating publications in light of Covid 19 targetting students, parents, administrative and teaching staff which included tips and measurements to prevent the spread of Covid 19 virus

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Supreme Council For Family Affairs

Signs of illness booklet

prepared and produced by

Health Promotion Department

in Supreme Council for Family Affairs in Sharjah

In cooperation with Sharjah Private Education Authority

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Teachers' guideline



1. Bleeding

If the student has a bleeding wound, apply pressure to prevent further bleeding.

In case the bleeding didn't stop, the student must seek school nurse assistance.

2. Bone

In case of an immediate injury such as a broken bone, seek a medical help immediately.





3. Burns

Flush the burn with cold or room temperature water for a while, then take the student to the nurse immediately.



4. Headache

Always emphasize the importance of drinking water and staying hydrated. In case of severe pain, take the student to the nurse .



5. Breathing

In case of any breathing difficulty, the student must be taken to school nurse.



6. Abdominal symptoms

Symptoms may vary between abdominal cramps, vomiting or diarrhea. The student needs to be checked by the school nurse.

Other symptoms should be evaluated by school nurse:



Fatigue



Coughing



Dizziness



Very tired



Redness in eyes



Skin rash and redness



High fever (over 38C)

If the student shows the following symptoms, they need to be isolated from their colleagues and sent home to avoid transmission of infection:



Extreme fatigue



Shortness of breath



High fever



Dizziness



Abdominal pain



Frequent coughing

If the nurse suspects the child's symptoms indicate to a Covid19 infection, the guardian should be recommended to do a Covid19 test and not return to school until the result appears:

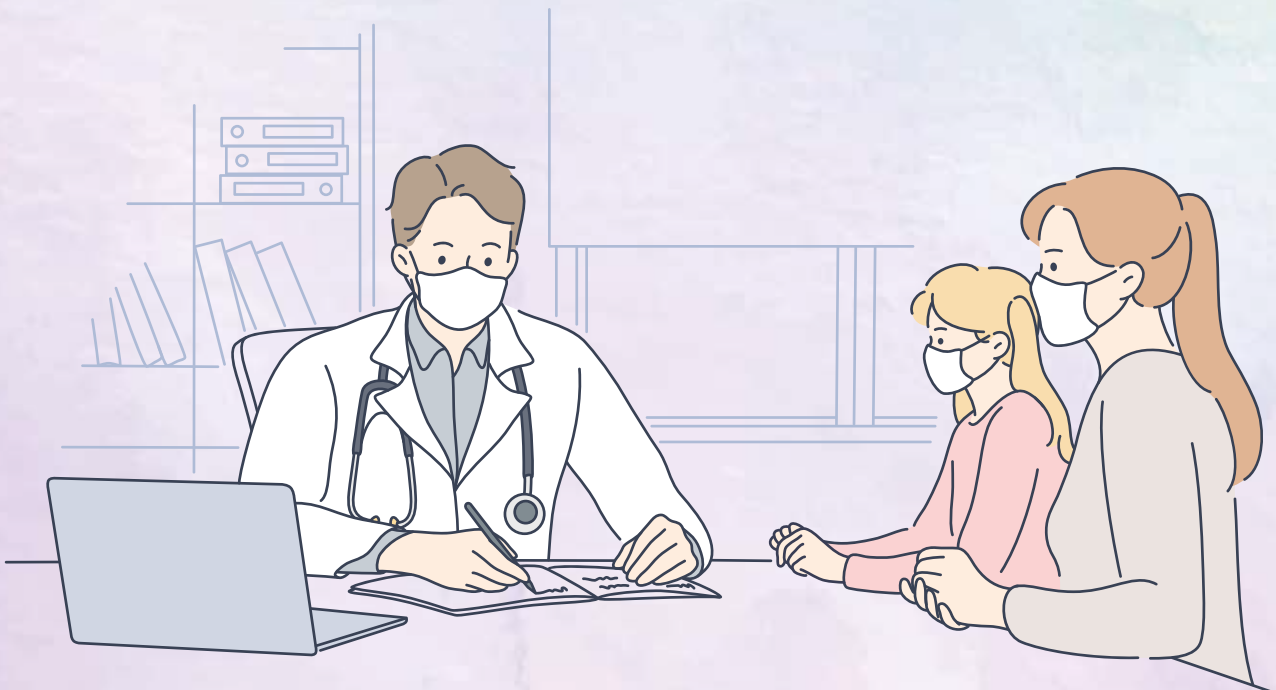
If the result is negative, the student can return back to school after recovering from symptoms.

If the result is positive, the child must be isolated and his classmates must do the Covid19 examination, and to suspend or remotely transfer the class study until all results appear.



Parents Tips:

1. Never send your child to school if you notice any signs of flu.
2. If your child feels short of breath or wheezing take them to a hospital immediately.
3. If your child is suspected of being infected with coronavirus, try to isolate them until you get the test results.
4. If your child temperature is 38C or above, they must stay home and should not go to school.





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